

A reminder for those who will be competing at BRC Qualifiers and BRC Championships that the Flu Vaccination rules for anyone starting, or restarting changed from 1st January 2024.

From 1st January 2024 the intervals will be as follows:

1st Vaccination (V1)
2nd Vaccination (V2) 21 – 60 days
3rd Vaccination (V3) 120 – 180 days
Booster Not more than 1 year apart

Please Remember:

2024 is a Leap Year, so any vaccinations before 29th February on start / restart need to factor in the extra day when calculating the period between dates for 2nd or 3rd vaccinations.

Any vaccinations before 1st January 2024 will apply under the original interval dates and be accepted provided they meet the criteria for vaccinations before end of 2023.

Further information on the above and all rules - including latest changes / amendments - is published in the 2024 BRC Handbook which is available to read online on BHS/BRC website.